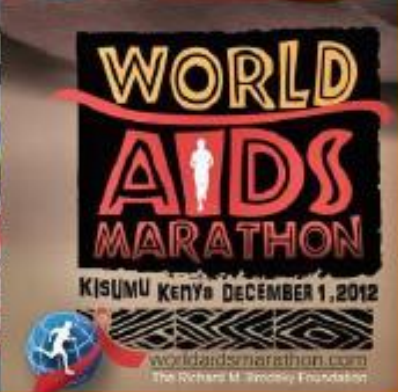




Richard Brodsky's
JOURNEY OF HOPE



2024



Richard M. Brodsky Foundation
1247 Mara Court
Atlantic Beach, NY 11509

(516) 770-7724

www.richardmbrodsky.org
richardm.brodsky@gmail.com

5K AIDS / Cancer Run / Walk
www.5kaidscancer.com

April 12, 2024 **there is no other person living w/ HIV & brain cancer who run marathons, at age 71 / 72, I will run 5 marathons**

President Joseph R. Biden, Jr. | The White House | 1600 Pennsylvania Ave. NW | Washington, DC 20500

RE: 17th annual 5K AIDS / Cancer Run / Walk June 2, 2024 | Baldwin Park | Baldwin, NY 11510
11th annual sports night / co-ed faculty Volleyball game at Great Neck North High School | May 9, 2024

Dear President Joseph R. Biden, Jr.:

On June 2, 2024, the Richard M. Brodsky Foundation, a 501 (c) (3) public charity, #47-0941830, will sponsor its 17th annual 5K AIDS / Cancer Run / Walk at Baldwin Park, Baldwin, New York. Funds and in-kind gifts received for the 5K will benefit Long Islanders living with HIV, cancer and Veterans by providing community support and services.

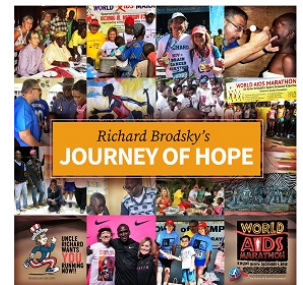
My name is Richard Brodsky and I'm President of the Richard M. Brodsky Foundation. I'm HIV-positive since 1997, a brain cancer survivor since 2002, + a marathon runner for life. 16 of my last 42 marathons have been my fastest since my cancer diagnosis. I'm 71 years young and I've completed 86 marathons. My wife Jodi agreed to run a marathon with me for my 100th birthday; I could never deprive my wife of her wish to give me a present.

I believe that people can reverse their aging process, even those living with HIV and cancer. Our mission, with your support as a sponsor, participant and/or volunteer, is to raise awareness to Government and people afflicted with either illness to NEVER GIVE UP. People living with so-called life-threatening illnesses can dramatically improve their health by exercising, eating healthy, avoiding tobacco, alcohol, narcotics and unsafe sex. Government can do its part by making sure that medicine and medical care are affordable.

The Foundation has sponsored 5 FREE Run / Walks for people living w/ HIV, Cancer & Friends in the past 14 years + 16 5K / AIDS Cancer Run / Walks. In addition, the Foundation has sponsored 19 World AIDS Marathon in Mbita & Kisumu, Kenya + Rockaway, NY on World AIDS Day. From the local 2023 5K Event + follow-up donations we donated \$10,000 in cash, clothing, and gift cards to the following organizations: [Center of AIDS Research & Treatment at Northwell Health and its Client Advisory Board \(CAB\)](#); [Five Towns Community Center, AIDS services](#); [Hangout One Happy Place](#); [Harmony HealthCare Long Island](#); [Island Harvest](#); [Options for Community Living](#); and [Theresa Foundation](#) + [REMYS](#) of Hewlett, [Runyon's](#) of Seaford, [Lido Kosher Deli](#) and [The Cabana](#) of Long Beach for donating gift cards to the runners and volunteers and invite someone living with HIV or cancer to enjoy a meal.

I would like to invite you or your company to be a sponsor for the Richard M. Brodsky Foundation's 16th annual 5K AIDS / Cancer Run / Walk. For a \$25 donation you will receive a Certificate of Appreciation, have your name on Event banner & certificate of completion which all finishers receive. For all larger donations noted below, you will also be entitled to all gifts noted for smaller donations:

- \$50, you will receive the 48-page book, Richard Brodsky's Journey of Hope,
- \$100, your name on the Event t-shirt, you will receive a shirt. (donate by May 13)
- \$150, your logo & website or phone number on Event t-shirt + 2 shirts for you. (donate by May 13)
- \$200, your website will be linked to www.5kaidscancer.com
- \$250, your logo will appear on the Event banner. (donate by May 29)
- \$4,000, cost for 400 dryfit Event t-shirts, your name will be noted on shirt for donating shirts



People in our very own communities are counting on individuals like you and me to make a difference in their life. Please join me in my fight against AIDS and cancer. Thank you on behalf of all people afflicted with HIV and cancer.

Very Truly Yours,

Richard Brodsky, President
Richard M. Brodsky Foundation

www.richardmbrodsky.org Foundation website
www.worldaidsmarathon.com marathon website
www.treblood.com book website
www.5kaidscancer.com 5K run/walk in America website



lirrc.org

RICHARD M. BRODSKY FOUNDATION
Presents 17th Annual

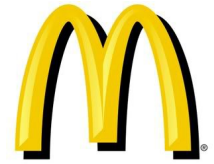
STEVE MITCHELL aka ELVIS PRESLEY
performing LIVE 11:45am-12:45pm

5K AIDS CANCER RUN WALK



allroundfoods.com

YOU RUN. LONG ISLAND GETS HEALTHY.



i'm lovin' it
McDonalds

REGISTER ONLINE AT or SCAN QR CODE

<https://events.elitefeats.com/24aidscancerrun>



LIVE OR VIRTUAL ATTENDANCE WE ARE ALWAYS LOOKING FOR VOLUNTEERS

June 2, 2024

9 AM START

BALDWIN PARK
3232 Grand Avenue
Baldwin, New York
FREE Kids Run
4 yrs / under 8:30 start
Baldwin, NY

TEE SHIRTS / MEDALS

Personalized Event Tee

(As seen on Jodi Brodsky below)

Register by May 13

May 14 or later registration receives a
general event shirt

TOYS/CASH/FOOD

DONATED TO

- American Legion #246 Baldwin
- Hangout One Happy Place
- Northwell Health
- Options for Community Living
- St. John's Episcopal Hospital

RAFFLES

\$5,000 free raffle prizes

Including 10 t-shirts

Image donated by Stephen Bennett whose paintings are
featured on United Nations postage stamps

RUNNING TO EAT

\$5 GIFT CERTIFICATES TO:

Lido Kosher Deli, Long Beach
Runyon's, Seaford

The Cabana, Long Beach

\$10 GIFT CERTIFICATES TO:

Remy's Hewlett

INFO/CONTACT

Coffee and Brunch
for more info contact:
richardm.brodsky@gmail.com

500 POSTERS
DONATED BY

H&B Premier
Tax and Accounting LLC
718-308-7741



RIDGEMOOD SAVINGS BANK
multiply the good
Baldwin Harbor 516-223-2835



MALIK
Fraternity, Inc.



bohemiatrack
club.org



massapequaroad
runners.org



**UNCLE
RICHARD
WANTS
YOU
RUNNING
NOW!**

100+

Medals / Trophies

Age-group Winners
3-deep including
Overall & Masters



Personalized Event Tee, color may
vary, subject to availability.

Richard M. Brodsky Foundation 1247 Mara Court Atlantic Beach, NY 11509
Contact: Richard Brodsky Phone: (516)770-7724 E-mail: richardm.brodsky@gmail.com

REGISTER! for 17th annual 5K AIDS/Cancer Run/Walk, Baldwin Park, June 2, 2024



My name is Richard Brodsky; I'm President of the Richard M. Brodsky Foundation, a 501(c)(3) public charity. I'm HIV+ since 1997, a brain cancer survivor since 2002, and a marathon runner for life. I'm 71 years young; I recently ran my 2nd Boston Marathon. I plan on running 5 marathons this Year: Ft. Lauderdale; Long Island, Congers + Albany, NY + World AIDS Marathon.

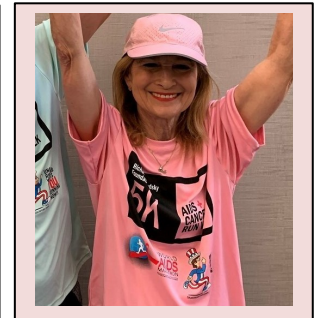
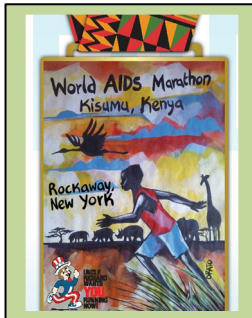


I believe that people can reverse their aging process, even those living with HIV or cancer. Our mission needs to be to raise awareness to Government, business and society that people afflicted with either illness should NEVER GIVE UP. People living with life threatening illnesses can dramatically improve their health by leading a healthy lifestyle. Government can do its part by making sure that medical care & medicine is affordable.

- **About the 5K.** Everyone will receive an Event t-shirt, register by May 13; your name will be on shirt
- \$25 gift certificates to all registrants: \$5 from Lido Kosher Deli, \$5 from The Cabana (both from Long Beach), \$5 from Runyon's of Seaford, + \$10 from Remy's of Hewlett. Pastries, bagels, muffins, donuts by Glen Wolther of [allroundfoods](http://www.allroundfoods.com).
- \$5,000+ free raffles including 10 World AIDS Marathon t-shirt with image painted by Stephen Bennett whose work appears on United Nations Postage Stamps.
- Trophies or medals as noted on reverse side of flyer (100+ awards and \$1,400 in gift certificates)



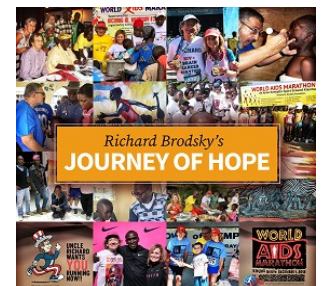
Proceeds/toys/clothing/food to benefit people living w/ HIV & cancer at Center of AIDS Research & Treatment at Northwell Health / North Shore University Hospital, American Legion Post #246 Baldwin, Hangout One Happy Place, Options for Community Living, & St. John's Episcopal Hospital+ activities for people living w/ HIV & cancer.



We are offering our sponsor/partners various options for supporting the June 2 run/walk. For a \$25 donation you will be entitled to have your name on Event banner. For all larger donations noted below, you will also receive all gifts noted for smaller donations:

- \$50, you will receive the 48 page book, [Richard Brodsky's Journey of Hope](http://www.RichardBrodskysJourneyofHope.com)
- \$100, your name on Event t-shirt, a shirt for you, donate by May 13
- \$150, your logo & website or phone # on shirt + 2 shirts for you (donate by May 13)
- \$200, your website will link to www.5kaidscancer.com.
- \$250, your logo will appear on the Event banner. (donate by May 29)
- \$4,000, cost for 400 Event t-shirts, your name as donor noted on shirt.

*In Loving Memory
of Kelvin Kiptum &
Gretchen Holdash*



Donations to the Richard M. Brodsky Foundation may be mailed to Richard M. Brodsky Foundation, 1247 Mara Court, Atlantic Beach, NY 11509 or visit www.5kaidscancer.com & click [DONATE](#) or [REGISTER](#)

The Richard M. Brodsky Foundation, a 501(c) (3) public charity, will be sponsoring its 17th annual

5K AIDS / Cancer Run / Walk

June 2, 2024 **Click to REGISTER! or scan QR code** LIVE or VIRTUAL



UNCLE RICHARD WANTS YOU RUNNING NOW!

- FREE personalized dryfit Event t-shirt. Register by May 13, \$25. After May 13, \$28 + t-shirt. June 2, Baldwin Park, 3232 Grand Avenue, Baldwin, NY. 9 am start time, arrive by 8:30 am. Race day registration \$30. **FREE Toddler Run** starts at 8:30 am.

- Proceeds to benefit people living w/ cancer & HIV at Center of AIDS Research & Treatment at Northwell Health/ North Shore University Hospital, American Legion #246 Baldwin, Hangout One Happy Place, St. John's Episcopal Hospital and Options for Community Living

- \$25 free gift certificates to 4 restaurants at top of page.
- FREE for Veterans, folks living w/ HIV or cancer. Contact Richard, richardm.brodsky@gmail.com for further info

Steve Mitchell aka ELVIS will perform live at 11:45am for 1 hour

Honda VALLEY STREAM
400-5463

WOODMERE LANES
374-9870

RIDGEMOOD SAVINGS BANK Baldwin Harbor
multiply the good 223-2835

Run to Eat, \$25 in FREE gift certificates to top 4 restaurants at top of page

TOWN OF HEMPSTEAD Jontue Discount Brokerage 718-471-7404

Directions: Baldwin Park is located at south end of Grand Ave in Baldwin. From Sunrise Highway take Grand Ave south to end and enter park. Drive about 3/4 mile as road curves left, Check-in is on left side near tennis courts

John R. Eyerman, Esq. 212-921-0069

Amenities: Trophies or medals to top 3 m/f overall, masters 40+ & top 3 m/f, 3 deep for under 12, 13-15, 16-19 & all 5 yr groups thru 85+. \$200 in gift certificates (\$50 each) to m/f overall & masters + \$25 gift certs to m/f age group + 2nd/3rd place overall & masters winners. Great food. \$5,000+ free raffles.

Mail to: Richard M. Brodsky Foundation | 1247 Mara Court | Atlantic Beach, NY 11509

First name _____ Last name _____ Sex M F Age (race day) ____
Address _____ City _____ State _____ Zip Code _____
E-mail _____ I cannot run or walk but I would like to donate \$ ____
Tel _____ T-shirt size (circle one) S M L XL XXL Wheelchair Yes No

By signing the box below, I agree, warrant & covenant as follows: AS A PARTICIPANT IN THE 5K AIDS CANCER RUN WALK, I ASSUME ALL RISKS OF PARTICIPATION IN THE EVENT BY SIGNING GENERAL RELEASE AGREEMENT The undersigned athlete (Athlete) on behalf of himself/herself and on behalf of personal representatives, assigns, heirs, executors, hereby fully & forever releases, waives, discharges, covenants not to sue Elitefeats inc., event director, Baldwin Park, Town of Hempstead, Nassau County, the Richard M. Brodsky Foundation, Inc. and its board members, and all municipal agencies whose property and/or personnel are used and all other sponsoring or co-sponsoring companies, or individuals related to the 5K / AIDS Cancer Run / Walk, hereinafter called '5K', (collectively Releases) from all liability to the Athlete and his / her personal representatives, assigns, heirs & executors for all loss(es) or damage(es) and any and all claims or demands, therefore, on account of injury to the athlete or property or resulting in the death of the athlete, whether caused by the active or passive negligence of all or any of the Releases or otherwise, in connection with the Athletes participation in the '5K'. The athlete is fully aware of the risks & hazards inherent in participating in the '5K' & hereby elects to voluntarily compete in this run/walk Event, knowing the risks associated with these events. The Athlete hereby assumes all risks of loss(es), damage(es), or injury(ies) that may be sustained by him/her while participating in this Event including the risk of contracting Covid 19. The Athlete agrees to the use of his/her name in photos, broadcasts, newspapers, brochures & all media without compensation. The Athlete acknowledges that the entry fee is non-refundable and non-transferable. The Athlete warrants that all statements made herein are true & correct and understands that Releases have relied on them allowing Athlete to participate in '5K'. Registration fees are used toward race expenses and **cannot be returned once you sign up.** Participant X _____ Parent/ guardian if under 18 X _____

REMY'S
The Cabana 889-1345 Italian Restaurant 758-7555
Established 1981 **Rungena's** 431-4411
Seaford 221-2112 Lido Kosher Deli
Theresa Alessandra Russo painting by Kenyan artist Sam Olu

'Bagel West Coast Cafe Baldwin Bagel Cafe 223-3100
MASSAPEQUA ROAD RUNNERS Massapequa roadrunners.org
Panera
STARBUCKS COFFEE
7XSOLAR 347-709-8686
D'Accio's 766-3938
NEW YORK LIFE 330-9639

McDonald's i'm lovin' it
allroundfoods.com
PANTANO'S BREAKFAST, LUNCH, DINNER
Uniondale 483-4911
Long Island Volunteer Center

Options 631-361-9020
INN AT GREAT NECK Long Beach, New York 773-2000
Boardwalk Bagel & Delicatessen LIVC.ORG 239-3900
Community Chest SOUTH SHORE Neighbors Helping Neighbors 374-5800
MALIK Fraternity

park assets REAL ESTATE CORP 718-684-8000
Baldwin Chamber of Commerce 377-4252

CHECK LINE MADE TO MEASURE 295-4300
USA TRACKFIELD LONG ISLAND
Great Neck North High School Hotels & Famous Friends

PIP MARKETING SIGNS PRINT 239-9500 Inwood, donated banner

Maple Lanes RVC 678-3010
LOCAL 338 RWDSU/UCFW RWDSU/UCFW

CLUBFLYERS.COM
THANKS for donating flyers
IHOP Oceanside 536-0527

Fracht FORWARD
Fracht group.com

Brands Cycle & Fitness Wantagh, 781-6100

Bohemia Track Club

Gutterman's 764-9400

Key Food 431-5515 E. Long Beach

Mazzitelli 371-0192 Construction Corp

G4 Development Group 931-0095

ST. JOHN'S EPISCOPAL HOSPITAL EPISCOPAL HEALTH SERVICES INC. 718-869-7000

Ophthalmology Assoc Long Beach 431-1101

Russo Law Group 800-680-1717

CWA Local 1104 420-1104

Tikals Auto Repair 371-9582

COVANTA

Ron Fatoullah & Assoc. 466-4422

Northwell Health

Maidenbaum Property Tax Reduction Group, LLC 336-8622

In loving memory of Kelvin Kiptum & Gretchen Holdash

Ebineezer Children's Home, Kenya



Living Hope Fellowship Church, Massapequa



Cohen Children's Medical Center of NY



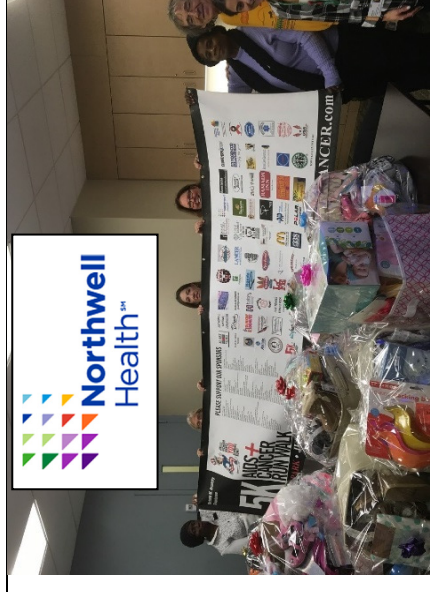
Five Towns Early Learning Center, Inwood



Marion & Aaron Gural Nursery School, JCC



Center of AIDS Research & Treatment



Family Health Center, Elmont



Five Towns Community Center, Lawrence



St. John's Episcopal Hospital, Far Rockaway



The Richard M. Brodsky Foundation in conjunction with its partnership with Delivering Good and Toys R Us & Babies R Us, and allroundfoods.com donated \$370,000 in toys, Covid 19 food relief & cash at 120 Events from 2015 - March 2024. The 5K AIDS Cancer Run Walk or World AIDS Marathon banner was proudly displayed at all events.

Prominent Groups and Individuals Who Have Expressed Support of the Foundation

President Joseph R. Biden - On behalf of the American people, I extend my heartfelt appreciation to you for your volunteer leadership, and I encourage you to continue to answer the call to serve. The country is counting on you.

President Barack Obama - AIDS is the worst public health crisis in human history, and finding a cure is a priority of mine. But government cannot fight AIDS alone. People like you are invaluable working at the grass roots to show the human face and spirit that I believe will ultimately defeat AIDS. I wish you all the best for a successful race.

President Bill Clinton

- The HIV/AIDS epidemic is one of the most urgent problems of our time and it needs the voices, energy, and involvement of people like you.

United States Senator Ted Kennedy

- I wish you all the best in your continuing battle against HIV/AIDS. I commend you for all you're doing to raise money for a cure.

Congressman Thomas R. Suozzi

- I thoroughly wish you all the best in your continuing battle against HIV/AIDS and I commend you for all you're doing to raise money for a cure.

Former United Nations Special Envoy to HIV/ AIDS in Africa, Stephen H. Lewis

- I wish you every triumphant success. There can be no objective on this planet more worthy than to overcome the pandemic of HIV/AIDS.

Michael Nyagah Mainge, Nakuru, Kenya

- But a prophet is coming. It is said that a prophet is not recognized in his homeland. Richard Brodsky (read AIDS prophet) is flying from his homeland for a purpose - to continue with the awareness that is slowly sliding to oblivion. Are we going to heed his call or despise his noble efforts?

Ronald Fatoullah, Co-chair of the Board of Directors of the Long Island Alzheimer's Association

- A heartfelt thank-you to Richard & Jodi Brodsky and the Richard M. Brodsky Foundation for their exceptional efforts in fighting HIV/AIDS and in assisting those with brain cancer. Richard, your life history is truly an inspiration to all of us!

Dr. Anton Berzins, Great Neck North High School, school psychologist

- It's easy to bring out the best in our students when we focus our energies on a worthy cause, and a wonderful human. The kids see your generosity, kindness, and perseverance, and respect that.

Harvard Medical School, Dr. Bruce Dezube

- Yours is a beautiful message of hope.

Mike Polansky (Former President of the Greater Long Island Running Club)

- There is no harder working team of race directors on Long Island than Richard and Jodi Brodsky.

Geri Barish, Exec. Director of Long Island Breast Cancer Action Coalition (Hewlett House)

- Thank you for the wonderful work you do for the AIDS & Cancer Community. Through your awareness programs, runs and other events you have brought a positive and educational awareness to so many.

Professor Asher J. Matathias, President Long Island Lodge#1353, B'nai B'rith

- May the Almighty grant you good health, much love, and the will to continue your work. You are a beacon for people living with HIV and cancer.

Reverend Wanda Meyers, Living Hope Fellowship of Massapequa

- I pray God's richest blessings upon you as you continue to make a difference in the lives of others. You have certainly made a difference in mine.

Eric Adams, Mayor NYC

- This Foundation is guided by its mission to uplift youth in Kenya and advance medical research to eradicate HIV/AIDS and brain cancer.

Jerry S. Laricchiuta, CSEA President of Local 830 Nassau County

- Richard Brodsky is an unbelievable champion for those who suffer from illnesses such as AIDS + cancer. Support his cause, he is the real deal

Former Town of Hempstead Supervisor Kate Murray

- Our township salutes you and we offer our hearts, minds + hands to assist in all of your noble endeavors.

Tarika James, Chief Medical Officer of Bronx Community Health Network

- It is great that Richard Brodsky has an everlasting passion for supporting research towards AIDS + cancer.

Mayor Jean Celender, Village of Great Neck Plaza

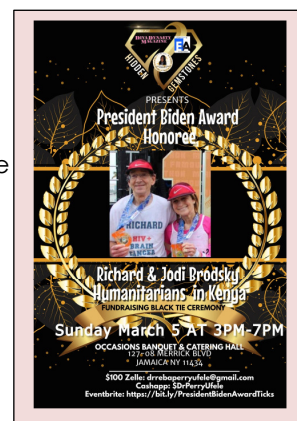
- I wish to commend Richard on his remarkable journey to encourage people living with HIV + cancer to live healthy productive lives. You are inspiring many and making a difference in the fight for a cure.

Jewish World, Albany, NY - Says Brodsky in 2019 at age 67, "I know I don't fit the profile to be running marathons with HIV and brain cancer. I'm 20 pounds overweight for a marathon runner and I should be 20 years younger. In the past two years I ran 10 marathons including my first Boston Marathon."

Nassau County Executive, Thomas R. Suozzi & Richard Brodsky at the August 2nd, 2007, ribbon-cutting ceremony of the new two-mile Fitness trail at Eisenhower Park. The new trail is part of Tom Suozzi's vision to make Nassau County the healthiest county in America by the year 2020.



Town of Hempstead Supervisor Kate Murray, 2009, presenting trophies at inaugural 5K AIDS Cancer Run Walk, Cedar Creek Park, Seaford.



PRESIDENT BIDEN AWARD



Jodi has agreed to run a marathon with me for my 100th birthday and I will not deprive my wife of my present.



Last year we my dad for his service in World War II. My 97-year-old mom accepted the poster of my dad. I thought how cool it would be if we could add music to the June 2, 2024, Event.

LIHERALD.COM By [Bridget Downes](#)

The Baldwin American Legion Post #246 celebrated its 100th anniversary at its Centennial Gala on Sept. 13. Dozens of people came to the post, located at 2754 Grand Ave., to celebrate and reflect on the birth of the local chapter.

The American Legion was founded in March of 1919 in Paris, France by U.S. World War I military personnel stationed there who dedicated themselves to their service. The Baldwin post, which was established on Aug. 12, 1919, became chartered by the United States Congress a month later.

“Those posts that we recognize at this time of year, in August and September, are actually chartered posts of the entire national American Legion,” said Commander Bob Hare to a room of dozens. “We’re very proud of that.”

There are about 13,000 local posts of the Legion around the world, Hare added. It’s the largest veterans organization that exists today. Nassau County American Legion Commander Al Ficalora, of Baldwin, said that 16 of the 52 posts in Nassau County have existed for 100 years, including those in Baldwin, Freeport, Hempstead, Rockville Centre, Lynbrook, and Valley Stream.

“We here in Baldwin, we here on Long Island, we here in America, stand on your shoulders — because you put the uniform on and put yourself in harm’s way, we get to live in the greatest country on earth,” State Sen. Todd Kaminsky said, before presenting a proclamation with State Sen. John Brooks, who serves as the chairman of the New York State Senate’s Committee on Veterans. “Far too often, when people come home, they don’t get the recognition that they deserve, the treatment they deserve or the service they deserve. We’re trying very hard to do our best to push back on that.”

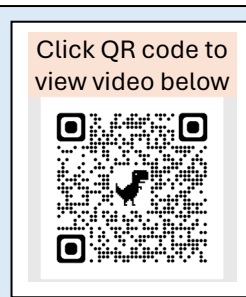
“When you look back 100 years ago,” Brooks said, “the vision that those that got together to organize this organization recognizing that those who’ve served were going to have needs to find ways to address those, the foresight was incredible to understand.”

Also in attendance was County Executive Laura Curran, Town Supervisor Laura Gillen, County Legislator Debra Mulé and Assemblywoman Judy Griffin.

“As a Baldwinite, I have to say, I am so grateful for what you at the post do for our community,” Curran said. “I want to thank the ladies on the auxiliary ... and the guys in this post who have become personal friends who I’ve gotten to know over the years. I’m grateful for your friendship, I’m grateful for your service.”

“I’m happy to be here to say happy birthday!” Gillen, a Baldwin native, said. “Baldwin’s a wonderful place, and this post has been a wonderful part of the community. ... Thank you for all that you do to try to help our veterans.”

Elvis impersonator Steve Mitchell is in the house to entertain Veterans, and anyone participating in the 5K AIDS Cancer Run Walk + visitors of Baldwin Park at 11:45 am (by tennis courts)



American Legion Post #246

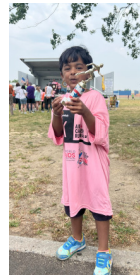
Thank you to our sponsors, volunteers & participants...
 ...and Town of Hempstead and its staff for permitting use of park



WINNERS m/f, 3 deep in 5-year age groups won a medal or trophy



210 participants registered for 16th annual 5K AIDS Cancer Run Walk June 11, 2023 Baldwin Park Live + Virtual Richard & Jodi Brodsky pictured in pink shirts above/below national anthem certificate design by R. Brodsky



Overall m & f winners, l to r: Julian Franz (2), Jonathon Davis (1) 19:25, Nishal Jam(3): Jodi Brodsky (3), Alison Briggs (1) 21:47

Possibly the widest age spread between youngest to oldest runner in history of Long Island 5Ks. Bert Jablon (age 96) and Spencer Boyagodage (age 4)

My dad was awarded the purple heart for his service in World War II. My 96-year-old mom was presented the poster in his honor. Dad, u would've been so proud of my grandson Cooper (left). He beat me in the last 60 yds



Allroundfoods, thanks for being our major sponsor and donating delicious cake, muffin, bagels, pastries & t-shirts.



Boygodages



Baldwin



Thank GalaFresh Farms, of Baldwin for donating \$600 in gift cards to Baldwin families who participated with their kid at June 11th run/walk

2022 HEROES of the year: Jodi Brodsky, Jameelah Aziz and Dr. Richard Sartori

My 3-year-old grandson is a testament to how lucky Jodi & I are that our passion for running (see above video) has found its way to my grandson. <https://youtube.com/shorts/51FUOKyIL2c?feature=share> and our plea for all parents & grandparents to encourage running/walking as a healthy lifestyle. Let's make Baldwin, the Town of Hempstead, and Nassau County... the healthiest community, town and county in America and encourage others living with HIV+ cancer to run or walk at 5K Events.

THE RICHARD M. BRODSKY FOUNDATION WOULD LIKE TO EXTEND ITS HEARTFELT THANKS TO

Northwell Health

for being a Sponsor for the 5K AIDS Cancer Run Walk. The Richard M. Brodsky Foundation donated \$3,500 in cash to the following organizations: [Center of AIDS Research & Treatment at Northwell Health and its Client Advisory Board \(CAB\)](#); [Five Towns Community Center, AIDS services](#); [Hangout One Happy Place](#); [Harmony HealthCare Long Island](#); [Options for Community Living](#); and [Theresa Foundation](#). Thanks to our sponsors + [PIP Signs, Marketing & Print of Inwood](#) for donating event banner + [Maidenbaum Property Tax Reduction Group](#) and [Clubflyers](#) for donating printing, foods sponsors including [allroundfoods](#), [Tamburino's](#), [Pantano's of Uniondale](#), [REMY'S](#), [SaVino's](#), [Keyfood of Long Beach East](#), raffle sponsors + [REMY'S](#) of Hewlett, [Runyon's](#) of Seaford, [Lido Kosher Deli](#) and [The Cabana](#) of Long Beach for donating \$6,500 in gift cards to the runners and volunteers. Male/female overall & masters winners received a \$50 gift card and 2nd & 3rd place finishers in these categories received a \$25 gift card. M/F age group winners in all 5-year age groups received a \$25 gift card. Photos: courtesy of Mike Polansky and Lindsey Mayer. Thank you, Nassau County Legislator Debra Mule, for your presence at the 5K, wishing runners/walkers well, & presenting my Foundation with a certificate honoring my work.



Enjoy the video World AIDS Marathoners Love Affair With Kenya on my youtube channel [worldaidsmarathon](https://youtu.be/sGwNJbaZ-v8).
<https://youtu.be/sGwNJbaZ-v8>.

Please subscribe, comment, LIKE and share. Why can't we embrace & celebrate diversity like my Kenyan friends.

A story of everything that Kisumu, Kenya has to offer: it's animals, artists, dancers and singers + its vibrant fishing economy bordering Lake Victoria and Kenya's incomparable runners.

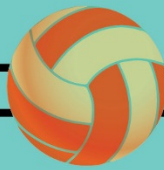
Kisumu/Dunga/Kenya needs a sister city... NYC/Rockaway?
https://youtu.be/ivkEbg_wy5o. Kenya has some incredibly talented runners, musicians, singers, dancers, artists and is surrounded by Lake Victoria. The Kisumu Impala Sanctuary faces Lake Victoria and is a five-minute drive from downtown Kisumu and is at the beginning of Dunga. The video showcases Dunga through music videos with slides of Kenyan artists and even animals participating in a 5K AIDS fun run + a day at JIU PACHI where orphans dine and dance and are examined by doctors. My wish is for a cultural bridge between USA and Kenya with a pavilion in the Rockaways where Kenyans could sell their paintings, jewelry, clothing, and wood carvings; Kenyan musicians could have a venue to perform; a playground & communal bar b que area; and a fish market where fresh fish could be sold and cooked from Jamaica Bay; and a small museum/theatre which could showcase videos of Dunga and the Rockaways; and residents of the Rockaways would want to travel to Dunga



Thank you, Dr. Anton Berzins, faculty advisor of AIDS Awareness Club at Great Neck North High + all the students for giving voice & purpose to my videos Racing to Take the COVID-19 Vaccine, Magic Johnson, Will You Coach Our AIDS Awareness Faculty Basketball Game <https://youtu.be/AfjSVJ4h49E> and World AIDS Marathoners Love Affair with Kenya.



CBS news reported on only marathon in North America on World AIDS Day, click QR code



GREAT NECK NORTH HIGH SCHOOL
AIDS AWARENESS CLUB

11th ANNUAL

CO-ED FACULTY FUNDRAISING
VOLLEYBALL GAME

AIDS

SPREAD THE WORD,
NOT THE DISEASE

PROCEEDS TO BENEFIT

THE RICHARD M. BRODSKY FOUNDATION
AND OTHER LOCAL HOSPITALS AND
AIDS AND CANCER ORGANIZATIONS

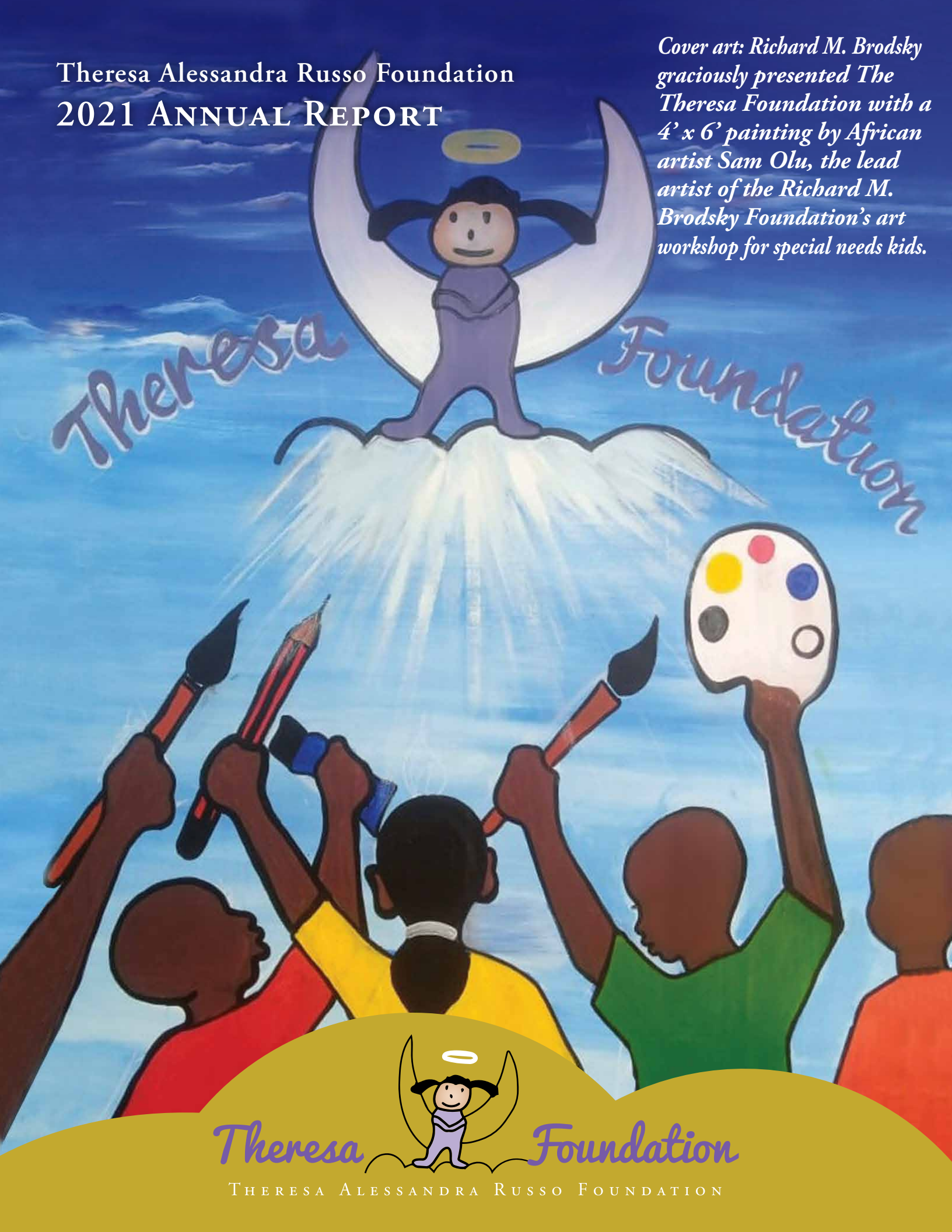
Thursday
May 9, 2024

Big Gym
3 - 4 pm
\$5 Donation

PLENTY
OF FOOD
HALFTIME
50/50
RAFFLES

Theresa Alessandra Russo Foundation
2021 ANNUAL REPORT

*Cover art: Richard M. Brodsky
graciously presented The
Theresa Foundation with a
4' x 6' painting by African
artist Sam Olu, the lead
artist of the Richard M.
Brodsky Foundation's art
workshop for special needs kids.*



Theresa  Foundation

TERESA ALESSANDRA RUSSO FOUNDATION



Richard M. Brodsky Foundation

Not only has Richard M. Brodsky lived with HIV for over 20 years, he is also a brain cancer survivor who has dedicated his life to raising awareness that an HIV or cancer diagnosis does not mean you have to stop living life. He created the **Richard M. Brodsky Foundation** in 2006 to raise awareness and money for research to find a cure or vaccine for AIDS and to offer aid to those already afflicted with AIDS and brain cancer in Africa, the United States, and beyond. On the ground in Kenya, his foundation provides food, shelter, and shoes for orphans. Since its founding, it has sponsored 45 orphan dinner dances for 11,816 orphans while providing medical care for 2,914 others. To date, philanthropy efforts by Richard and his foundation have directly saved the lives of over 900 orphans in Africa.



The Theresa Foundation was a proud sponsor of the Richard M. Brodsky Foundation's art workshop for orphans in Kenya in 2021. In addition to his work helping those living with HIV/AIDS and cancer, Richard is also passionate about enriching the lives of special needs children in Africa by expanding access to music, creative movement, and art education. He made a promise that if his life was spared, he would use his resources and life to help those living with the effects of cancer and HIV, along with children with special needs. Richard graciously presented the Theresa Foundation with a 4' x 6' painting (featured on the cover) by African artist Sam Olu, the lead artist of the art workshop.

After founding the Richard M. Brodsky Foundation, Richard was inspired to write his book, *Richard Brodsky's Journey of Hope*, which offers a deeper look into his personal journey of hope while sharing photos and stories of the work that his foundation has accomplished. Richard's book is available to read for free by visiting www.worldaidsmarathon.com, and his love for Kenya and its artists, musicians, dancers, singers, orphans, runners, and animals is also shared in his YouTube video "World AIDS Marathoners Love Affair with Kenya".

Beyond their efforts in supporting research and global AIDS projects, the Richard M. Brodsky Foundation also has a strong commitment to living aid organizations. He and his wife, Jody's beliefs stretch beyond awareness into the education of the many complex issues involved living with the HIV illness. One hundred percent of the proceeds from the Foundation's World AIDS Marathon in Kisumu, Kenya goes towards research and living aid.

To learn more about volunteering your professional skills or getting involved with the Richard M. Brodsky Foundation, you can visit www.richardmbrodsky.org. To view the story of the past 15 World AIDS Marathons, orphan dinner dances, medical care provided, and how they are able to help special needs kids, visit www.worldaidsmarathon.com.





Rockaway Beach, NY
2023 World AIDS Day

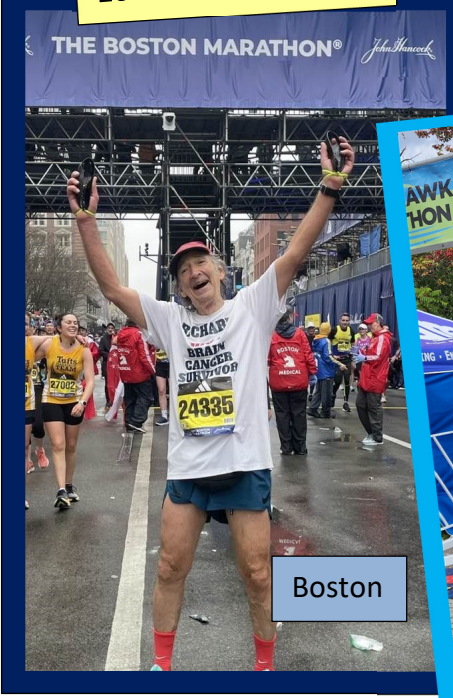


Nova Scotia



Lake Victoria,
Kenya

BEST NEWS EVER...
Jodi has agreed to run a marathon with me for my 100th birthday.



Boston



Albany, NY



Ft. Lauderdale

As a team
Jodi & Richard Brodsky do everything they can to eliminate the stigma of AIDS, give hope to others living w/ HIV & cancer, + offer hope to runners that they can run faster as they age. Richard is 71 and qualified to run his 2nd Boston Marathon in '23. Jodi, will run her 11th straight Boston Marathon in '24. Richard plans to run 5 marathons in '24 while Jodi plans to run 6.

About 2,560,000 results (0.51 seconds)

HIV+ brain cancer runner denied Boston Marathon entry

myemail.constantcontact.com/HIV-brain-cancer-runner-denied-Boston-Marathon-ent...

Apr 3, 2017 - Richard & Jodi Brodsky finishing the 2015 Miami Marathon. I will do everything I can to help eliminate the stigma of AIDS. There are people who have been accepted to the Boston Marathon in the past by making phone calls and writing compelling letters, but I have not been successful as I have already ...

#Boston #Marathon, #HIV+ #brain cancer #marathon #runner denied ...

<https://www.linkedin.com/.../boston-marathon-hiv-brain-cancer-runner-denied-access-ri...>

Apr 15, 2017 - founder of World AIDS Marathon & 5K AIDS Cancer Run Walk, seeking to improve the lives of people living w/ HIV & cancer. Read why Reverend Wanda Faye Myers thinks it is imperative for Richard to run the Boston Marathon and how he can help others living with HIV and cancer. <http://conta.co/2oeeEV9>.

59 Years Young, HIV+ Brain Cancer Survivor Will Be Running Long ...

www.marketwire.com/.../59-years-young-hiv-brain-cancer-survivor-will-be-running...

Apr 30, 2012 - ATLANTIC BEACH, NY --(Marketwire - April 30, 2012) - Richard Brodsky was diagnosed HIV-positive in 1997. In 2002 he was diagnosed with terminal brain cancer and given 2 - 4 years to live. Brodsky's goal is to run his fastest marathon time for his 4th straight time. Brodsky's last 3...

Richard Brodsky: Advocate | A&U Magazine

<https://aumag.org> Features

Feb 28, 2018 - Brodsky stays vigorous and vital by running marathons, including the Jerusalem Marathon, the Nova Scotia Marathon, and the New York Marathon. His Foundation sponsors ... When Richard runs, he usually wears a T-shirt that sports the words on front, "HIV+ Brain Cancer Survivor." He's often compared to ...

Cancer and HIV survivor says he's running for his life | Miami Herald

www.miamiherald.com/sports/other-sports/article1939399.html

Jan 27, 2012 - The spirited, resilient Brodsky crushed the four-hour barrier with a 3:23:23 in the New York City Marathon the year after his HIV diagnosis. ... Whatever remains of his brain tumor is "dormant," she said, adding that fewer than 5 percent of patients with his type of aggressive tumor, glioblastoma multiforme, ...

You've visited this page many times. Last visit: 1/24/17

11th annual 5K AIDS Cancer Run Walk by Richard M. Brodsky ...

<https://groupv.com/aids-cancer18>

I'm HIV+ since 1997, a brain cancer survivor since 2002, and a marathon runner for life. Running, leading a healthy lifestyle, and have access to medical care and medicine is keeping me strong. At age 65, seven of my last ten marathons have been my fastest since cancer. Finally, after running 56 marathons I qualified to ...

Cancer survivor continues to run with purpose | CTV Atlantic News

<https://atlantic.ctvnews.ca/cancer-survivor-continues-to-run-with-purpose-1.3514669>

Jul 22, 2017 - A man who lives with HIV and survived terminal brain cancer, is spreading his message of wellness here in the Maritimes. ... "Right now we are enjoying the ride, and you know, even if we get slower, he says one day we will be the fastest couple marathon runners in the world. So we will shoot for that," says ...

LIFETIME FITNESS Invites 64 Yr Young HIV+ Brain Cancer Survivor ...

konknet.com/lifetime-fitness-invites-64-yr-young-hiv-brain-cancer-survivor-miami-b...

Jan 26, 2017 - Richard Brodsky is HIV+ since 1997, a brain cancer survivor since 2002 and a marathon runner for life. He ran his fastest marathon in NOVA SCOTIA since his terminal cancer diagnosis on July 24, 2016 finishing in 03:53:30. Says Richard, "my wife Jodi Brodsky (formerly Jodi Slansky) is the fastest Jewish ...

World AIDS Marathon: Invite Richard to Speak

www.worldaidsmarathon.com/inviterichardtospeak.html

World AIDS Marathoner & wife traveling to Kenya for 10th time. Invite HIV+ brain cancer survivor, marathon runner to speak at your school or business. -How is it I'm surviving HIV & brain cancer + running marathons? People living with HIV and/or cancer can reverse their aging process. I'm 62 years young. My last 3 ...



Richard Brodsky's advice on how to beat life-threatening illnesses Having a Conversation with G-D helps, too. (see back of page)

DANCE, LAUGH, SMILE, AND PARTY LIKE THERE IS NO TOMORROW, AND BE SILLY - Almost every Saturday night my wife Jodi and I go dancing. We laugh and smile easily. Recently my kids said I'm great relating to my grandkids. I get down to their level and act silly. 4- and 6-year-old kids are always being told what to do so if they can have power over grampa, it is a good thing. It all started when I took a candy bar out of a bag that had 20 assorted candy bars and I did not ask my granddaughters for permission. I explained to them that I was invited to Ben's (a 5-year old) birthday party but could not make it and it even says Ben on the bag and this was my goody bag. My grandkids disagreed and kept threatening me that they will tell my daughter. I promised not to do it again if they didn't report me because I won't be allowed to visit again. It is just a silly game and this is what they say when they see me first thing in the morning. "I'm going to tell mommy."

FIND A HOBBY THAT INTERESTS YOU - Find your creative side: Sing; write poems or lyrics for songs; act; dance; advocate; paint; design clothing; read; research or be part of a research study; review books, movies, restaurants, hotels, museums; cook or bake; write books or videos or articles to local newspapers; or choose a sport to coach, referee, or participate. You know what's next...

... RUNNING MARATHONS HAS SAVED MY LIFE, I'M NOT SUGGESTING YOU RUN A MARATHON - First consult with your doctor if this can work for you: day 1, run 100 feet and then walk until you reach a mile. Increase your run by 100 feet/day and walk until you reach a mile. In 53 days you will have run a mile. Day 54, run a mile, then run 100 feet and then walk until you reach two miles. Day 107, run 2 miles and 100 feet and then walk until your reach 3 miles; increase your run by 100 feet/day and by day 159 you will be running 3 miles. Make sure you have good walking and running shoes, best to visit a local running store. You are now ready to run your first 5K which is 3.1 miles. If you could not run 3 miles and had to walk during the 159 day training period, you can always run/walk the 5K. There are local running clubs where you can run or walk with new friends for free

BE KIND, LOVING, FORGIVING AND NON-JUDGMENTAL - We've all been hurt in life, but if the person who hurt you asks for forgiveness, it is much healthier for you to forgive. Staying mad can only cause stress. We've all made mistakes and upbringings and life's situations can change people's perceptions on what is acceptable behavior.

HELP OTHERS IN NEEDS; YOUR SITUATION IN LIFE COULD ALWAYS BE WORSE - Make someone smile, buy a cup of coffee for a stranger, even if it is once a month, help someone elderly cross the street, say thank you and give compliments more often, help a child learn to spell or read, reconnect with family and friends. I recently witnessed two cousins whose parents had a disagreement 45 years ago reconnect and they both realized they wasted 45 years.

THERE IS SO MUCH JOY IN THE WORLD EXCEPT I GET TERRIBLY SEASICK - My hobby is tracking my friend Maryanne and her husband Kyle sail around the world and watch their progress every day. I travel vicariously through them and have visited hundreds of atolls and archipelagos and places I could never visit. Many of you know how much I love going to Kenya. I thought I would take Jodi on a romantic boar ride in Lake Victoria. We paid for a 90 minute boat ride; in 20 minutes I was thrilled to be back on land.

ASK YOURSELF, HOW WOULD YOU LIKE PEOPLE TO HELP YOU - Could you use a meal or a ride to a doctor? Or how about a visit from a friend or a good book to read, or just a special snack, a card or how about a fresh baked bread or cake?

VOLUNTEER AND CONNECT WITH OTHERS - Volunteer at local schools, libraries, places of worship, civic clubs, fairs, museums, food pantries, health or running events, your alumnus, fraternity or sorority, community center, local charitable organizations, or holiday events. If you have computer skills, you can help organizations anyplace in America or around the world. We are so blessed to be living in America. Third world countries have so little. Poverty, hunger, clean drinking water, AIDS, malaria, infant mortality, medical care, orphaned children, a lack of education, droughts, floods, etc. We have problems in America but at least we have safety nets where our government helps. This especially applies to kids with special needs where programs don't exist in Africa.

MY PERSONAL SECRETS: - I'm not a brain surgeon or rocket scientist but this works for me. I'm HIV+ since 1997 and was diagnosed with terminal brain cancer in 2002. I was determined to beat HIV and that was a much more serious illness back in 1997. A year later I ran my fastest marathon: 3:23:23 at age 45. In 2002, I was doing a book signing at Barnes & Noble in Greenwich Village and I had a seizure, broke my shoulder and was diagnosed with terminal brain cancer and doctors told me I could expect to live 2 - 4 years. I was determined to beat the brain cancer. After shoulder surgery, I started running a quarter mile every day for a week and each week I increased my run a quarter of a mile/day. I ran the NYC Marathon a year and a day after my seizure. I felt good knowing that I was running for everyone living with HIV and brain cancer. My brain oncologist, Dr. Casilda Balmaceda even finished the marathon with me. She suggested I start a Foundation to help others living with HIV and cancer; I took her advice.

Prior to my brain cancer diagnosis, running one marathon a year was my routine. I realized I had to step up my game if I was to survive so running multiple marathons would be my new goal. I get a lot more energy knowing I am not only offering hope to people living with HIV and cancer, but we have also been able to feed 12,000+ orphan in Kenya and provide medical care for 3,100+ Kenyan orphans. We are also helping people living with HIV and cancer in America, especially kids, more recently special needs kids in Kenya. All I have to do is keep running marathons and hope that generous donors like you can support my work. It does not get easier to run marathons as you grow older and sports massages are not a luxury, but a necessity. Goals are important and besides planning trips to Kenya for the next 30 years, 30 years of 5K AIDS Cancer Run Walks in Baldwin Park and sponsoring a World AIDS Marathon every year on World AIDS Day. My loving wife...



**MAKE
YOUR
SPOUSE
OR
PARTNER
YOUR
BEST
FRIEND**

...Jodi agreed to run a marathon w/ me for my 100th birthday; I won't deprive my wife of giving me a present. Please pray for Jodi's good health!

G-d Answers Richard Brodsky

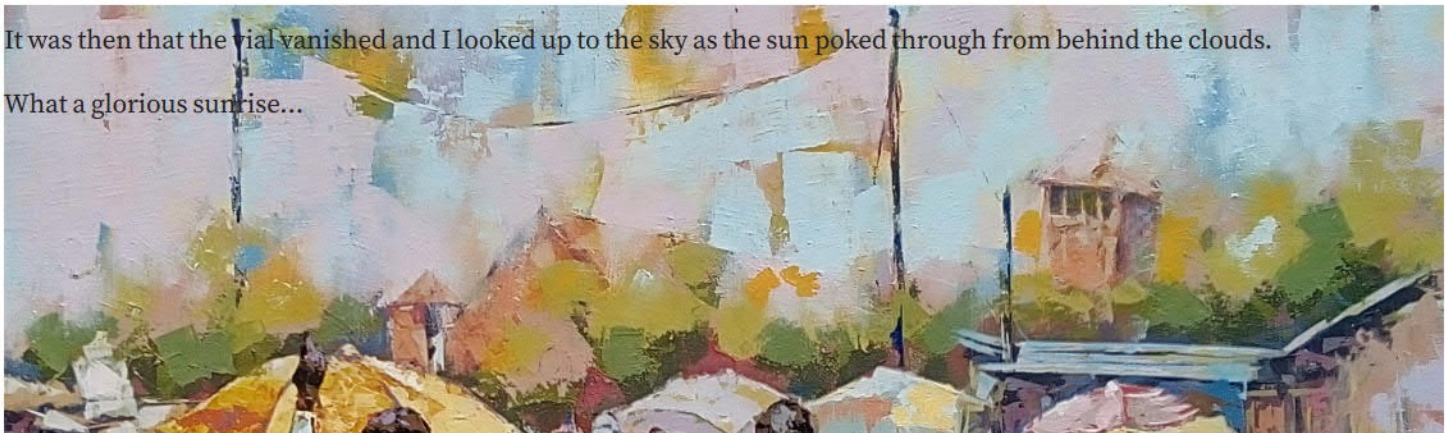
G-D answers HIV-positive, brain cancer survivor, marathon-running author of: *Jodi, The Greatest Love Story Ever Told*, (by Richard M. Brodsky)

Stopping at a drugstore to pick up some meds, I learned from the pharmacist that one prescription could not be filled for twenty-five years. I told the pharmacist that having the prescription filled was very important to me and I suggested that he put it through the system as an override. He looked at the prescription and was shocked to find my request for a conversation with G-d. A look of dismay crossed the pharmacist's face as he resubmitted the prescription. A computer snafu occurred and a second or two later the pharmacist handed me a small vial with a piece of paper inside. I thanked the pharmacist and proceeded to open the vial as I headed to the exit. The message inside read, "Okay, Richard, you have just one question." I exited the store and looked upward and implored, "WHY ME?"

"WHY NOT?" G-d countered as He explained He's getting old and tired and even He is not perfect. He realizes He's made mistakes and the really big ones He's managed to correct. "Dinosaurs..." He claimed, "...those were my biggest mistakes. I did manage to expel them from the planet. Flowers, there I have succeeded admirably. You could not find a human being designing such a variety of colors, textures, fragrances and general layout of a flower from its petals to how the flower opens itself up to the world. I screwed up on roses. They were never supposed to have thorns. But if everything were perfect down there nobody would look forward to keeping me company in the Afterward. Richard, as far as giving you HIV and brain cancer, we did have a computer glitch up here. All this business of pray to G-d, ask G-d's repentance, may G-d keep me in his good graces and on and on. I told you I'm getting old and I could not function without a computer. I'm actually surprised you people down there took so long to develop a computer. I gave you Galileo, DaVinci, Edison...you guys are centuries late. Richard, you were not supposed to get these two fatal illnesses. I was undecided between a few of my favorite earthly religious leaders who were much respected on Earth. People would take them more seriously than you. Next thing I know, the computer freezes and in a flash your name is the one selected to receive HIV and brain cancer. I could not exactly change what had already happened. We do rest up here and whoever talked about resting a day, a week, that doesn't cut it up here. A day or week may be fine but every fifty or so years we need a month, a year or years of rest. I slept through the Hitler years and I rested too long during the early years of AIDS. Besides, giving this illness to you as opposed to a religious leader might prove to be more interesting."

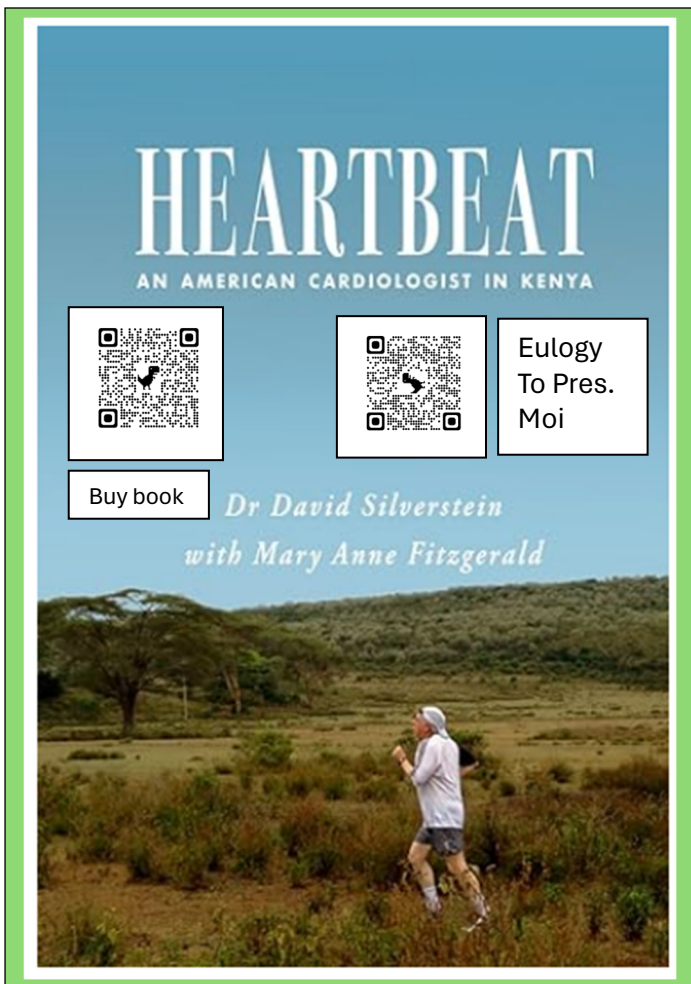
It was then that the vial vanished and I looked up to the sky as the sun poked through from behind the clouds.

What a glorious sunrise...



Painting by Arnold Jaoko

For more information visit: richardmbrodsky.org and click LINKS.



When our team travels to Kenya every year, the 1st night we stay at the home of Channa & Dr. David Silverstein in Nairobi. David's memoir (a must read) is from America. He agreed to set up a cardiology unit in Kenya, 50+ years ago. David was the personal physician and friend of the former President of Kenya, Arap Daniel Moi and 42 years later gave the **eulogy** when Moi died at age 95. Moi trusted David's medical knowledge, treatment, and judgment and the two had many discussions about the old testament. Israel and medical research. Moi became an ardent supporter of Israel. At one point in the story, Moi was in his early to mid-90s and he was gravely ill. Moi's sons wanted to send him to Germany for the best medical care that was available. David suggested Tel Aviv because Moi would get better medical care and enjoy the spiritual experience. Moi definitely enjoyed the trip to Israel. My takeaway was what a mazel that a white, American, Jewish doctor was caring for a black Kenyan, Christian President. There are numerous stories throughout this book of how David never asked anything from Moi, yet Moi made decisions to help Israel. This would not have happened if Moi's doctor was not a white, American Jew. As can be expected, there was a major conflict when the Chief Justice of the Kenyan Supreme Court died while under David's care. Even though David never did anything wrong with respect to the Justice's care, there were many Kenyans upset that the Justice was not being cared for by a black, Christian Kenyan doctor. Channa, David's 3rd wife, turns out to be a joint heroine of the story by bringing a meaningful, loving, relationship into his life. **LISTEN TO EULOGY**

HOW THE FATHER OF CARDIOLOGY (AND A RUNNER, TOO) IN KENYA MADE A LASTING IMPACT ON THE POSITIVE RELATIONSHIP BETWEEN ISRAEL & KENYA. To my Jewish running friends, did I have anything to do with the photo of David on the book cover and **HELPING TO PROLONG HIS LIFE TO HELP ISRAEL, I can't say yes or no but David's wife did write me, ...Attached is a picture of the book! You will identify with the cover!**



Thank you Shalom Maidenbaum for sending my wife Jodi and me to run the 2016 Jerusalem Marathon. Emunah Bet Elazraki stated that we raised \$52,000 for their Children's Home in Israel.



Pictured above, l to r, at Dr. Silverstein's home: Jodi Brodsky, Richard Brodsky and Dr. David Silverstein wearing the 2022 World AIDS Marathon t-shirt, Dr. Richard Sartori (pediatrician who has accompanied us to Kenya every year since 2011 and has examined and treated over 1,000 Kenyan orphans, Channa Commanday – David's wife, and David's son Jeremy.



AIDS
Cancer
Run Walk



The Richard M. Brodsky Foundation | 1247 Mara Court Atlantic Beach, NY 11509 | www.richardmbrodsky.org

The Richard M. Brodsky Foundation invites you to be a sponsor for its 17th annual 5K AIDS/ Cancer Run / Walk on June 2, 2024. Kindly indicate the donation you would like to make and mail your check in the enclosed envelope.

Contact info: Richard Brodsky, richardm.brodsky@gmail.com or (516)770-7724.

- | | | | |
|--|----------|---|-------------------------|
| <input type="checkbox"/> Golden Humanitarian | \$25,000 | <input type="checkbox"/> Advocate | \$250 |
| <input type="checkbox"/> Miracle Lifetime | \$10,000 | <input type="checkbox"/> True Believer, a t-shirt for you | \$100 |
| <input type="checkbox"/> 400 T-Shirts, <i>Donated by You</i> | \$3,500 | <input type="checkbox"/> Richard's Journey of Hope, a <i>Book for You</i> | \$50 |
| <input type="checkbox"/> Racing to Save Lives | \$1,000 | <input type="checkbox"/> Other _____ | (amount, toys, product) |

Please make your check payable to the Richard M. Brodsky Foundation, or for online donations visit www.richardmbrodsky.org or www.5kaidscancer.com. Toiletry / gift items may also be donated for people living with HIV + cancer, who are patients at Center of AIDS Research & Treatment at Northwell Health, + other local AIDS + cancer organizations. Toys may be donated for children attending Hangout One Happy Place programs + other local organizations + hospitals supporting kids living with illnesses. Product donations should be mailed to Richard M. Brodsky Foundation, 1247 Mara Court, Atlantic Beach, NY 11509. If you are making a product donation, please contact me in advance. All product donations should be received by May 31. Thank you, Richard M. Brodsky.

*Thank you for
celebrating
with the
only
HIV+ brain cancer
marathon
runner!*

