

The Richard M. Brodsky Foundation, a 501(c) 3 public charity, will be sponsoring its 6th annual

5K AIDS / Cancer Run / Walk



June 9, 2013

Register on the web www.5kaidscancer.com



**UNCLE
RICHARD
WANTS
YOU
RUNNING
NOW!**

Run to Eat, \$30 in FREE gift certificates to top 5 restaurants at top of page + 1 FREE Week Membership to the gym, the LIFE CLUBS of Lawrence.

- FREE Event t-shirt. Register by May 25, \$22. After May 25, \$24. Race day registration \$25 cash. Personalized t-shirt, register by May 25

- June 9, 2011, 8:30 AM start, North Woodmere Park, 750 Hungry Harbor Road, North Woodmere, NY (southwest Nassau county) race day registration closes at 8 AM.

- Professional race announcer Terry Bisogno

- Proceeds to benefit people living w/ cancer & HIV at Cohen Children's Medical Center of NY, Center of AIDS Research & Treatment at North Shore University Hospital and the 5th annual FREE 5K Run/Walk for HIVers, Cancer Survivors & Friends on October 27, 2013, Oceanside Park.

- \$30 free gift certificates to 1st 300 registrants

- Comedian Lawrence Shaw will be performing from 10:50 - 11. Kids4KidsNYC will be performing from 11 AM - noon.

- 50 spots are reserved for people living with HIV or cancer who can't afford the entry fee. Your health status will remain confidential. Contact Richard, richardm.brodsky@gmail.com or at 516-770-7724 for further info.

Directions: North Woodmere Park is located at the corner of Branch Blvd & Hungry Harbor Rd. From Van Wyck Expressway south to Exit 1 Nassau Expressway (878) continue to end of expressway where it becomes Rockaway Blvd. Continue 3 miles on Rockaway Blvd to Peninsula Blvd. Turn left and proceed to 5th traffic light, Branch Blvd. Park is at the end of Branch Blvd.

From Southern State Parkway to exit 13 south, Central Ave which becomes Mill Road. 3.5 miles to Peninsula Blvd. Turn right, 1.5 miles to Branch Blvd, turn right. Park is at the end of Branch Blvd.

Amenities: Trophies to top 3 male/female overall, Master finishers 40+ to top 3 m/f, 3 deep for under 12, 13-15, 16-18, & all 5 year age groups thru 85+ & wheelchair athletes. \$400 in gift certificates to m/f Overall & Masters to top 3. \$25 gift certificates to m/f winners of all age groups + 2nd/3rd place m/f overall & masters. Great food. In 2012 we had 130 free raffles worth \$6,000+.

Mail to: Richard M. Brodsky Foundation 1247 Mara Court Atlantic Beach, NY 11509

First name _____ Last name _____ Sex M F Age (race day) ____

Address _____ City _____ State _____ Zip Code _____

E-mail _____ I cannot run or walk but I would like to make a donation of \$ ____

Tel _____ T-shirt size (circle one) Youth Large is YL S M L XL Wheelchair Yes No

Payment: Enclosed is my check for \$22.

By checking the box below, I agree, warrant & covenant as follows: AS A PARTICIPANT IN THE 5K AIDS / CANCER RUN / WALK, I ASSUME ALL RISKS OF PARTICIPATION IN THE EVENT BY SIGNING THIS GENERAL RELEASE AGREEMENT.

The undersigned athlete (Athlete) on behalf of himself/herself and on behalf of personal representatives, assigns, heirs, executors, hereby fully & forever releases, waives, discharges, covenants not to sue Nassau County, Richard M. Brodsky, the Richard M. Brodsky Foundation and its board members, and all municipal agencies whose property and/or personnel are used and all other sponsoring or co-sponsoring companies, or individuals related to the 5K / AIDS Cancer Run / Walk, hereinafter called '5K', (collectively Releases) from all liability to the Athlete and his / her personal representatives, assigns, heirs & executors for all loss(es) or damage(es) and any and all claims or demands, therefore, on account of injury to the athlete or property or resulting in the death of the athlete, whether caused by the active or passive negligence of all or any of the Releases or otherwise, in connection with the Athletes participation in the '5K'. The athlete is fully aware of the risks & hazards inherent in participating in the '5K' & hereby elects to voluntarily compete in this run/walk Event, knowing the risks associated with these events. The Athlete hereby assumes all risks of loss(es), damage(es), or injury(ies) that may be sustained by him/her while participating in this Event. The Athlete agrees to the use of his/her name in photos, broadcasts, newspapers, brochures & all media without compensation. The Athlete acknowledges that the entry fee is non-refundable and non-transferable. The Athlete warrants that all statements made herein are true & correct and understands that Releases have relied on them allowing Athlete to participate in the '5k'.

X _____ X _____
Participant Parent / guardian (if under 13)

Al-Art Video
516-256-0679

Charna's Kids Club
charnaradbellfoundation.org

Oceanside / Long Beach
School of Music
766-0409 / 431-1349

Dr. Richard L. Sartori
Garden City Pediatrics
516-222-0893

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Leonard J. Brenner,
DMD 516-593-1080

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Maidenbaum Property Tax Reduction
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Mitchell J. Rich, Esq
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retrofest.org

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Sayville Running Company
sayvillerunning.com

DUNKIN' DONUTS active NETWORK
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