

The Richard M. Brodsky Foundation, a 501(c) 3 public charity, will be sponsoring its 4th annual



FREE 5K AIDS Cancer Run Walk

516-285-8036

A Whale's Tale 516-432-9587
The Cabana 516-889-1345

October 28, 2012

for people living with HIV, Cancer & Friends
\$10 refund, just show up on race day

Medford Chemists Inc.
Long Term Care Pharmacy
631-475-4476



UNCLE RICHARD WANTS YOU RUNNING NOW!

Run to Eat, \$45 in FREE gift certificates to top 7 restaurants at top of page.

- Register by Oct 14, free personalized Event t-shirt.
- Oct 28, 2012, 9 AM start, Oceanside Park, Long Island. Pick up running bib & t-shirt by 8:30 AM.
- Please encourage a runner or walker with HIV or cancer to participate.
- Toiletry/gift items given to all participants. If you are not HIV+ or a cancer survivor, kindly give these items to someone living with HIV or cancer the week of October 29th.
- Anyone donating \$20 or more will receive a Certificate of Appreciation. Donations can be mailed to the Richard M. Brodsky Foundation, 1247 Mara Court, Atlantic Beach, NY 11509 or online, <http://www.active.com/donate/cancerAIDS12>
- FREE hepatitis type C and AIDS testing by Long Island Association for AIDS Care
- Contact info: Richard Brodsky 516-770-7724 richardm.brodsky@gmail.com



K-I-N-G-S
DISCOUNT PHARMACY
516-431-4455
516-431-6633

Oceanside Park Location: 3810 Mahlon Brower Drive - Oceanside, NY - free parking at east end of parking lot.

Special Amenities: Trophies to top 5 (maybe more) male/female overall finishers (\$500 gift certificate prizes to top 5 m/f runners, great food, \$3,000+ free raffles, entertainment by comedian Larry Shaw & Ronald McDonald.

Registration fee: \$10. The fee will be returned if you show up on race day.

Mail to: Richard M. Brodsky Foundation 1247 Mara Court Atlantic Beach, NY 11509
First name _____ Last name _____ Sex M F Age (race day) ____
Address _____ City _____ State _____ Zip Code _____

E-mail _____ I cannot run or walk but I would like to make a donation of \$ ____
Tel _____ T-shirt size (circle one) Youth Large is YL S M L XL Wheelchair Yes No

Payment: Enclosed is my refundable check for \$10. Just show up on race day for your refund.

By checking the box below, I agree, warrant & covenant as follows: AS A PARTICIPANT IN THE 5K AIDS / CANCER RUN / WALK, I ASSUME ALL RISKS OF PARTICIPATION IN THE EVENT BY SIGNING THIS GENERAL RELEASE AGREEMENT. The undersigned athlete (Athlete) on behalf of himself/herself and on behalf of personal representatives, assigns, heirs, executors, hereby fully & forever releases, waives, discharges, covenants not to sue Town of Hempstead, Richard M. Brodsky, the Richard M. Brodsky Foundation and its board members, USATF and its member associations, employees, officers, agents and volunteers, and all municipal agencies whose property and/or personnel are used and all other sponsoring or co-sponsoring companies, or individuals related to the 5K / AIDS Cancer Run / Walk, hereinafter called '5K'. (collectively Releases) from all liability to the Athlete and his / her personal representatives, assigns, heirs & executors for all loss(es) or damage(es) and any and all claims or demands, therefore, on account of injury to the athlete or property or resulting in the death of the athlete, whether caused by the active or passive negligence of all or any of the Releases or otherwise, in connection with the Athletes participation in the '5K'. The athlete is fully aware of the risks & hazards inherent in participating in the '5K' & hereby elects to voluntary compete in this run/walk Event, knowing the risks associated with these events. The Athlete hereby assumes all risks of loss(es), damage(es), or injury(ies) that may be sustained by him/her while participating in this Event. The Athlete agrees to the use of his/her name in photos, broadcasts, newspapers, brochures & all media without compensation. The Athlete acknowledges that the entry fee is non-refundable and non-transferable. The Athlete warrants that all statements made herein are true & correct and understands that Releases have relied on them allowing Athlete to participate in the '5k'.

X _____ X _____
Participant Parent / guardian (if under 13)

Collision Depot 516-678-4444

The Richard M. Brodsky Foundation will be honoring **DR. RICHARD L. SARTORI** of Garden City Pediatrics, 516-222-0893 as **AMERICA'S HERO OF THE YEAR** for 2011.



Charna's Kids Club
charnaradbellfoundation.org

Oceanside / Long Beach School of Music
766-0409 / 431-1349

TWEEZERMAN

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Bahia Social Club 442-1338

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Sayville Running Company
sayvillerunning.com

Dunkin' Donuts active NETWORK
Lawrence 516-239-2052
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Town of Hempstead

runnerseedgeny.com 932-1733

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